

SUBJECT: WEAR OF PHYSICAL FITNESS UNIFORM (PFU), AND PURCHASE AND WEAR OF THE IMPROVED PHYSICAL FITNESS UNIFORM (IPFU) BY RETIREES

FM DA WASHINGTON DC//DAPE-HRPD-IRPD//
TO ALARACT
UNCLAS

A. AR 670-1, 5 SEP 03, WEAR AND APPEARANCE OF ARMY UNIFORMS AND INSIGNIA.

1. THIS ALARACT MESSAGE SERVES AS AUTHORIZATION TO RETIREES TO WEAR THE PFU, AND PURCHASE AND WEAR OF THE IPFU.

2. THROUGHOUT THE YEARS, OUR RETIREES CONTINUE TO SHOW THEIR SUPPORT TO, AND AFFILIATION WITH THE ARMY. THEY SERVE FAITHFULLY WHEN CALLED UPON, AND ASSIST OUR COMMUNITIES IN GROWING TOMORROW'S LEADERS. THIS AUTHORIZATION ALLOWING RETIREES TO WEAR THE PFU OR THE IPFU SYMBOLIZES A RECOGNITION TO THEIR COMMITMENT TO CONTINUED FITNESS PRACTICES AND MEMBERSHIP WITHIN THE ARMY'S FAMILY.

3. TO THIS EFFECT, THE FOLLOWING CHANGES ARE APPROVED BY THE CHIEF OF STAFF, ARMY ON THE AUTHORIZATION FOR RETIREES TO WEAR THE PFU OR THE IPFU:

A. RETIRED PERSONNEL ARE AUTHORIZED TO WEAR THE PFU OR THE IPFU AS CURRENTLY WORN BY PERSONNEL IN THE ACTIVE ARMY. THE FOLLOWING CONDITIONS APPLY:

(1). RETIREES MAY WEAR PARTS OF THE PFU OR THE IPFU WITH CIVILIAN ATTIRE OFF THE INSTALLATIONS.

(2). WHEN WEARING THE PFU OR THE IPFU AS A COMPLETE UNIFORM, (I.E., TRUNKS AND SHORT-SLEEVE SHIRT/SWEATSHIRT, OR SWEAT PANTS WITH SHORT-SLEEVE SHIRT OR SWEATSHIRT) RETIREES WILL

(A). WEAR ONLY AUTHORIZED ACCESSORIES CORRESPONDING TO THOSE WORN BY PERSONNEL OF THE ACTIVE ARMY.

(B). KEEP THE SLEEVES DOWN ON THE SWEATSHIRT OR JACKET, THE LEGS DOWN ON THE PANTS, AND THEY WILL TUCK THE T-SHIRT INSIDE THE TRUNKS.

(C). NOT ROLL OR PUSH UP THE SLEEVES OF THE IPFU SWEATSHIRT OR THE IPFU JACKET.

(D). WEAR THE SLEEVES OF THE IPFU SWEATSHIRT CUFFED OR UNCUFFED; THEY MAY NOT CUFF THE IPFU JACKET SLEEVES.

(E). WEAR THE BLACK KNIT CAP PULLED DOWN SNUGLY ON THE HEAD, WITH THE BOTTOM EDGE OF THE CAP FOLDED UP; RETIREES WILL NOT ROLL THE EDGE OF THE CAP. A SIMILAR, COMMERCIALY DESIGNED BLACK KNIT CAP IS AUTHORIZED FOR WEAR.

(F). PREGNANT RETIREES ARE AUTHORIZED TO WEAR THE T-SHIRT/SWEATSHIRT OUTSIDE THE TRUNKS/SWEATPANTS.

4. POC FOR UNIFORM POLICY IS SGM W. MORALES, DSN 426-5129; COMM. (703) 696-5129. E-MAIL IS WALTER.MORALES@HQDA.ARMY.MIL.

5. EXPIRATION DATE CANNOT BE DETERMINED.